

# Rajan Singh

## Know Your **Facilitator**

Rajan Singh has lived many lives in one. His academic portfolio includes an undergraduate degree from IIT and an MBA from Wharton. He has also served in the Indian Police Service, had a stint with McKinsey, and worked as an investment professional with a private equity fund. Now, as an entrepreneur and as founder of HabitStrong, he's on a mission to help people build life-changing habits so they may improve the quality of their lives.



## Spotlight Areas:

A few themes Rajan Singh touches upon include:

- ▶ Executive Presence
- ▶ Mindfulness
- ▶ Discipline
- ▶ Deep work and focus
- ▶ Productivity



### Timelimit

60-90 Minutes



### Group size

15-500



### Customisation

Debrief can be customized

## Is this Masterclass right for my team?

Are you looking to educate your team on the importance of constructive habits in life? Do you want them to develop positive habits, focus, a growth mindset, and mindfulness? Then, this masterclass would be the perfect choice for you.